

WHS Counselor Recommendation Request Form

If you are planning to apply to a college, other than community college, you will need a recommendation from your Guidance Counselor. Please fill out the following information and hand in to your counselor **BEFORE THE END OF YOUR JUNIOR YEAR**. Please give specific examples when possible. The more information you give, the more detailed your letter of recommendation will be.

Name _____

Biographical Data:

Father's Name _____ Mother's Name _____

Parent's status (circle) married, separated, divorced, remarried (Mother/Father), deceased (M/F)

Father's occupation _____ Mother's occupation _____

Schools or colleges that parents attended:

Father _____ Mother _____

Siblings

Name	Age	School/College	Occupation (if applicable)
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Is a foreign language spoken in your home? _____ What language? _____

Do you receive Free or Reduced lunch? _____ If yes, make sure you speak to your counselor to learn of other benefits.

Personal Data

1. Why do you want to go to college?

2. What is your college major and/or your career goal and why?

3. What are three adjectives that your friends would use to describe you and why?

a. _____

b. _____

c. _____

4. What are your most significant activities in and out of school (work, sports, volunteering, etc.)?

5. What do you do in your spare time? Any special interests or hobbies?

10. Please list any significant honors you've received in school or activities (e.g. classroom performance awards, coach's awards)

11. Do you believe your grades and test scores reflect your true ability? Why or why not?

12. What, if anything, would you do differently if you could do high school again?

13. Is there anything else you would like your counselor to explain to the colleges on your behalf?